



- 4) \_\_\_\_\_ **What is the most important factor when choosing a hypnotherapist?**
- a. Qualifications and experience
  - b. Price
  - c. Location of hypnotherapist
- 5) \_\_\_\_\_ **What reasons might you use the services of a coach?**
- a. Business or work issues
  - b. Relationship issues
  - c. Difficulty making decisions
  - d. Career issues
- 6) \_\_\_\_\_ **Where would you gather information to help you decide on using a coach?**
- a. Search the internet or professional membership registers
  - b. Ask friends or relatives
  - c. Ask a doctor or other healthcare professional
  - d. Social media e.g. Facebook, LinkedIn
- 7) \_\_\_\_\_ **Where would you prefer to work with your coach?**
- a. At a mutually agreed place
  - b. At the coach's office
  - c. At your office/workplace
  - d. On the telephone or via Skype
- 8) \_\_\_\_\_ **What is the most important factor when choosing a coach?**
- a. Qualifications and experience
  - b. Price
  - c. Location of coach
  - d. Recommendations/testimonials

- 9) \_\_\_\_\_ **What reasons might you use a counsellor**
- a. Stress and anxiety
  - b. Relationship issues
  - c. Work problems
  - d. Grief or bereavement
  - e. Other
- 10) \_\_\_\_\_ **Where would you gather information to help you decide on using a counsellor?**
- a. On the internet or professional membership register
  - b. Ask friends or family
  - c. Ask a doctor or other healthcare professional
  - d. Contact a not- for- profit (charitable) organisation
  - e. Social media e.g. Facebook
- 11) \_\_\_\_\_ **Where would you prefer to work with a private counsellor?**
- a. In the counsellor's office
  - b. In a doctor's surgery
  - c. Via telephone or Skype
  - d. At your work occupational health department
  - e. Other
- 12) \_\_\_\_\_ **What is the most important factor when deciding to use a private counsellor?**
- a. Qualifications and experience
  - b. Price
  - c. Location of the counsellor
  - d. Recommendations/testimonials
  - e. Specialist skills

Comments:

Thank you. Please send to [linda@awakenthechange.co.uk](mailto:linda@awakenthechange.co.uk)